

## Health Questionnaire

<b>Name:</b>	<b>Tel. No:</b>
<b>Email:</b>	<b>Contact details for next of kin:</b>

How did you hear about us? (Google, Facebook, recommendation):

Have you experienced any of the following (please indicate)? If 'Yes' give details below:

<b>Joint Problems</b>	<b>Back or neck problems</b>	<b>Heart Problems</b>
<b>Chest Problems</b>	<b>Dizziness</b>	<b>Recent Surgery</b>
<b>Respiratory Problems</b>	<b>High or low blood pressure</b>	<b>Depression</b>
<b>Arthritis</b>	<b>Current/recent pregnancy</b>	<b>Carpal Tunnel</b>
<b>Ear or eye disorders</b>	<b>Epilepsy</b>	<b>Other</b>

If 'Yes' to any of the above please give details here:

You should seek the approval of your doctor before taking part

<b>Any other health conditions?</b>
<b>Are you taking any medicines? Please specify</b>
<b>If you have previously practised yoga, please indicate for how long and which style</b>
<b>What are your main reasons for coming of this yoga retreat?</b>

## Privacy Statement / Data Protection

In accordance with the General Data Protection Regulation (GDPR) 2018, the information that you have provided on this form to Jackie's Yoga North London will be used in the following ways. Please tick the box below to give your permission.

- To store it securely for the purpose of providing Yoga classes, courses and workshops either electronically or in paper form.
- To use it for the purpose of running our Yoga classes, courses or workshops.
- To communicate with you as a customer of Jackie's Yoga North London by telephone or email about your Yoga classes, courses or workshops.
- To share with employees/representatives of Jackie's Yoga North London.

I consent to my data being used only for the purpose of delivering Yoga Classes, courses and workshops as detailed above.

Would you like to be contacted by email with a link to opt in to our MailChimp mailing list?

We will not disclose your data to anyone else without your prior consent.

Please be advised that you can request for your data to be removed from stored records within 28 days by contacting Jackie's Yoga North London by email or letter.

You have a right to complain to the ICO if you believe there is a problem with Jackie's Yoga North London handling of your data.

Please also see our Privacy Policy on the Jackie's Yoga North London website for more information.

I have read, understood and accepted these terms and completed this questionnaire fully.

I take responsibility for my health in class and will inform the teacher of any changes in my medical condition.

<b>Signed:</b>	<b>Date:</b>
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